

SITUATION REPORT N°13 CHOLERA OUTBREAK RESPONSE

3rd August 2018



Visit of the Cholera Treatment Center (CTC) in a health district of the North region, 30/07/2018

I. Key points

- 14/07/2018: Declaration of a cholera outbreak in Cameroon by the Minister of Public Health (2 regions in epidemic and 4 at high risk);
- Since the onset of the epidemic, a total of 144 suspected cases have been recorded of which 16 have been confirmed and 12 deaths registered (7 of them in the community) with a global case fatality rate of 8.3%
- Overall, nine health districts are affected in the North and Centre regions;
 - Centre region: 6.7% of health districts are affected (2/30)
 - North region: 46.7% of health districts are affected (7/15)
- Today, two new suspected cases have been recorded of which none is confirmed and no death registered.

II. EPIDEMIOLOGICAL SITUATION

<u>Table 1</u>: Summary of the epidemiological situation, 03 August 2018

| | Regions in epidemic | | |
|--------------------------------------|---------------------|-------|-----------|
| | Centre | North | Total |
| Cases | | | |
| New suspected cases (Djoungolo HD) | 02 | 0 | 02 |
| Cumulative number of suspected cases | 57 | 87 | 144 |
| Number of identified contacts | - | - | - |
| Deaths | | | |
| New deaths | 0 | 1 | 1 |
| Deaths occurring in the community | 0 | 7 | 7 |
| Cumulative number of deaths | 1 | 11 | EPUBLIQUE |

| Laboratory | | | |
|-------------------------------|----|----|----|
| Number of stool cultures done | 50 | 18 | 68 |
| Number of positive cultures | 4 | 13 | 17 |

Two (2) Regions in epidemic

o North region: 7/15 health districts (HD) in epidemic

o Centre region: 2/30 health districts in epidemic

o Gaschiga health district has a high number of community deaths (5/7)

Five (5) Regions at high risk:

Littoral: 35 suspected cases reported, no confirmed case

Far North: 1 suspected case reportedEast: 01 suspected case reported

South-West: 01 suspected case reported

South: 01 suspected case reported

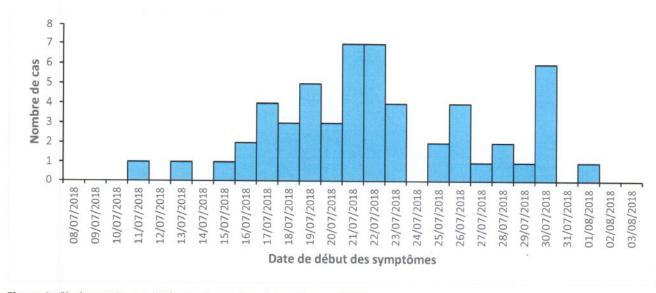


Figure 1: Cholera epicurve in the Centre region, July - August 2018

This epicurve suggests a common/continuous source of exposition is at the origin of the cholera outbreak in the Centre region

| | Min | Median | Max |
|-------------|-----|--------|-----|
| Age (years) | 1,2 | 32 | 68 |

Sex ratio F : M = 7 : 5



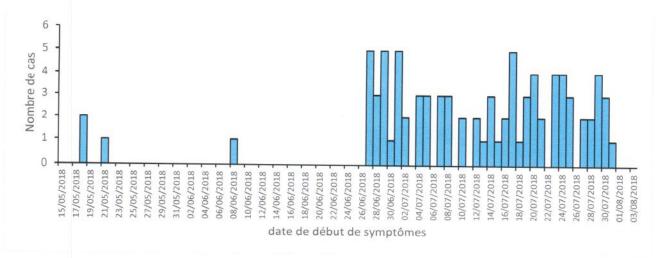


Fig. 2: Cholera epicurve in the Centre region, May - August 2018

This epicurve suggests a person to person transmission of cholera in the North region. Also, we have a higher number of cases among women than men. This may be linked to domestic chores which are mainly done by women.

| | Min | Median | Max | |
|-------------|-----|--------|-----|--|
| Age (years) | 1 | 30 | 85 | |

Sexe ratio F: H = 2:1

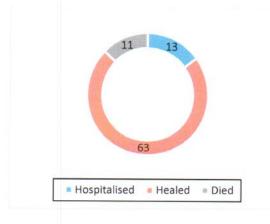


Fig. 3: Outcome of cases seen in a health facility in the North region, 03/08/2018

Table 2: Attack rates and case fatality rates per health district in epidemic in Cameroun, 01st August 2018

| REGION | DISTRICT | Population | N° of suspected cases | N° of deaths | Attack rate (per 100000) | CFR (%) |
|--------|------------|------------|-----------------------|--------------|-----------------------------|---------|
| CENTRE | CITÉ-VERTE | 407 390 | 5 | 0 | 1.2 | 0 |
| | DJOUNGOLO | 879 470 | 12 | 1 | 0.9 | 8.3 |
| NORTH | GAROUA II | 307 402 | 9 | 0 | 2.9 | 0 |
| | GASCHIGA | 131 915 | 23 | 5 | 17.4 | 22 |
| | GOLOMBE | 65 286 | 39 | 4 | 59.7 | 10 |
| | GUIDER | 241 236 | 2 | 1 | 0.8 | 50 |
| | MAYO OULO | 137 214 | 8 | 0 | 5.8 | 0 |
| | NGONG | 248 926 | 4 | 0 | 1.6 | 0 |
| | PITOA | 156 191 | 2 | 0 | 1.3 | 0 |

0.50

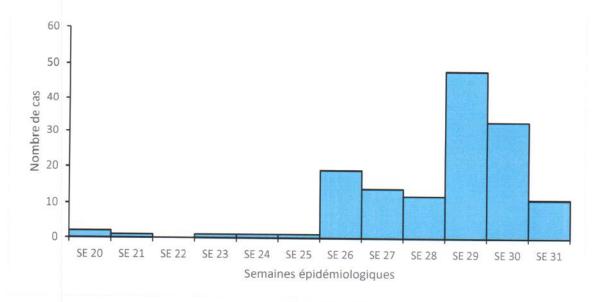


Fig. 4: Evolution of cholera cases dans in the two epidemic regions, May - August 2018

III. REPONSE

COORDINATION

- Holding of the cholera response coordination meeting of the 03/08/2018;
- Holding of regional cholera response coordination meetings in the Centre and North;
- Advocacy meeting with religious leaders (Pastors, Imams) in favor of the construction and use of latrines;
- Preparing for a work session with SDV, HCR, WHO and EOC on implementing control interventions scheduled for 07/08/2018 at 2pm;
- Work session with the MINREX in prelude of the meeting with the Nigerian High Commissioner

| Region | Districts | Signaled as priority HD on (date) | Reason for signaling as a priority HD | Person in charge of follow up | Other actors | Status |
|-------------------|---------------------|---|---|--|---|----------|
| | Djoungolo | 28/07/2018 | New confirmed cases but no contact list elaborated since | Djoungolo District Medical Officer (DMO) | CERPLE coordinator for the Centre | Not done |
| Centre & North | Gashiga | 23/07/2018 | High case fatality rate (33%) but no in-depth investigation conducted | Regional level RIT | Central level RIT | Ongoing |
| | Gashiga | 30/07/2018 | New confirmed cases but no contact list elaborated since | Gashiga DMO | CERPLE coordinator for the North | Not done |
| | Golombe | 30/07/2018 | High attack and case fatality rates | Regional level | Central level RIT | Ongoing |
| | Border districts | 30/07/2018 | Non documentation of cross-border meetings | DMOs of border districts | RPHD | Not done |

SAFETY AND INFECTION CONTROL

- · Install hand disinfection kits in the Emergency Operating Center
- · Visit and evaluation the needs (PPE, disinfectants) at the cholera treatment units (CTU)
- · Elaboration of messages/safety plan for CTUs and regions

OPERATIONS

- Surveillance/investigation
 - Active case search ongoing in epidemic regions
 - Today, 02 new suspected cases recorded of which none confirmed
 - Investigation of cases in Golombe by the regional RIT and WHO experts is ongoing
 - o Investigation of cases reported by the Center, North and Far North regions
- Case management and WASH
 - Active case finding in the community
 - o Follow-up of hospitalized cases :
 - North Region: 13 persons hospitalized
 - Centre Region: no hospitalized person
- Communication and social mobilisation
 - o Transmission of SITREPs to 57 journalists
 - o Collection of information on communication activities in epidemic regions
 - Distribution of sensitization tools in Yaounde
 - Broadcasting of spots on cholera prevention in 11 community radios is ongoing
 - Sensitization on cholera in markets, churches and mosques by communication focal persons with DMOs and heads of health areas
 - Social mobilization by CHW in 13 health areas of Efoulan, Cite Verte and Nkolbisson health districts
 - Media coverage of health professionals in the media (CRTV Television, CANAL2 TV ...) for awareness-raising

LOGISTICS

- · Reception and dissemination of cholera posters
- Participation in the demonstration of the process of water cleaning using of water filtration device "NUF-FILTRATION" made by the Israeli government
- Introduction of the DHIS 2 online drug inventory tracking tool and train teams on how to fill the tool

IV. CHALLENGES

- Make activities attractive and document cross-border activities
- Optimizing Event-Based Monitoring (SBE)
- · Establishment of a permanent mechanism for early detection, verification and alert
- Identifying the source of contamination
- Active search of cases in the community
- Convene related sectors, the private sector and civil society to participate in the coordination
 of the response

- · Ensure the broadcast of crawl messages and media coverage by health care professionals
- · Inventory of supplies at all levels
- · Real-time sharing of data

IV. NEXT STEPS

- · Maintain active surveillance in epidemic and high-risk areas
- Track contacts in all regions
- Organization of a cross-border meeting whose purpose is to formalize and follow-up of local cross-border meetings
- · Finalize the counter proposals of the Cameroon/Nigeria MoU on health related issues
- Organize a concertation meeting between MINSANTE/Private sector/local NGOs
- Introduction of the DHIS 2 online drug inventory tracking tool and train teams on how to fill the tool



MAPPING OF AFFECTED AND AT RISK HEALTH DISTRICTS

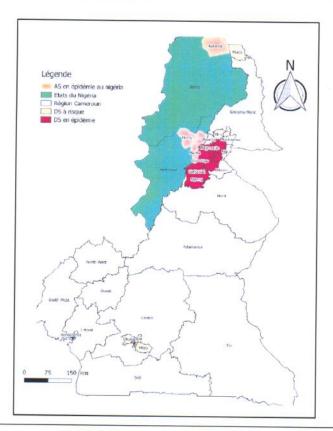
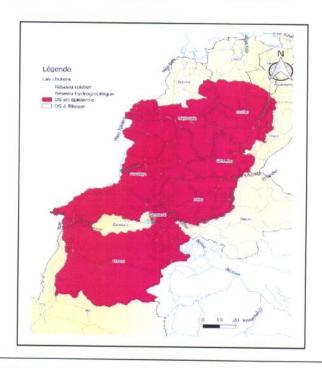


Fig 4: Health Districts in epidemic and at risk in Cameroon, 03/08/2018



 $\underline{\text{Fig.}5}$: Health Districts in epidemic and at risk in the North, 03/08/2018

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Numéros verts réservés aux alertes au choléra : 1510

Numéro de portable à utiliser en cas d'alertes au choléra et pour l'envoi de SMS : 677294316 Numéros à appeler en cas d'alertes en rapport avec l'eau et l'assainissement : 677882760 (pendant les heures de travail) 681260936/677294316 (après les neures de travail)